

### **COMPETITION LOCATION:**

Dudziak's Gymnastics 9 Pomerleau Street Biddeford, ME 04005

# FRIDAY, NOVEMBER 14

Session 1: NGA 3N-5N

Open Stretch: 8:00am Event Warmup: 8:15am Introduction: 8:25am Awards: 10:10am

### Session 2: NGA 6N-7N, GN

Open Stretch: 10:40am Event Warmup: 10:55am Introduction: 11:05am Awards: 12:50pm

#### Session 3: Level 4

Open Stretch: 1:20pm Event Warmup: 1:35pm Introduction: 1:45pm Awards: 4:20pm

### Session 4: Levels 5-7

Open Stretch: 5:05pm Event Warmup: 5:20pm Introduction: 5:30pm Awards: 9:15pm

## **SATURDAY, NOVEMBER 15**

**Session 5: Bronze** 

Open Stretch: 8:00am Event Warmup: 8:15am Introduction: 8:25am Awards: 9:30am

### **Session 6: Silver**

Anchor, Decal, East Bay, Olympia Open Stretch: 10:15am Event Warmup: 10:30am Introduction: 10:40am Awards: 1:00pm

### **Session 7: L8-10, XG & XD**

XG: Anchor, Olympia, SKG-Elite, XGTC L8-10 & XD: All Clubs

Open Stretch: 1:40pm

Event Warmup: 1:55pm

Introduction: 2:10pm

Awards: 5:15pm

### **Session 8: Platinum**

Open Stretch: 5:55pm Event Warmup: 6:10pm Introduction: 6:25pm Awards: 9:50pm

### **SUNDAY, NOVEMBER 16**

Session 9: Levels 1-2

Open Stretch: 8:00am Event Warmup: 8:15am Introduction: 8:25am Awards: 9:35am

#### Session 10: Level 3

Anchor, Decal, DG, Flex, Iron Rail Open Stretch: 10:20am Event Warmup: 10:35am Introduction: 10:45am Awards: 12:20pm

### Session 11: Level 3 & Silver

XS: DG, Impact, XGTC, SKG-Elite, TSG L3: Decal, TSG, XGTC Open Stretch: 1:25pm

Open Stretch: 1:25pm Event Warmup: 1:40pm Introduction: 1:50pm Awards: 4:15pm

### **Session 12: Gold**

Anchor, Decal, DG, East Bay, Impact, Maine Coast, Olympia, TSG

Open Stretch: 5:00pm

Event Warmup: 5:15pm

Introduction: 5:25pm

Awards: 8:20pm

# **ADMISSION:**

Adult: \$15

Child (5-12)/Sr (65+): \$10 Kids 5 & Under: Free