

COMPETITION LOCATION:

Dudziak's Gymnastics 9 Pomerleau Street Biddeford, ME 04005

ADMISSION:

Adult: \$15

Child (5-12)/Sr (65+): \$10 Kids 5 & Under: Free

FRIDAY, NOVEMBER 15

Session 1: Levels 1-2

Open Stretch: 3:30pm Event Warmup: 3:45ppm Introduction: 3:55pm Awards: 5:10pm

Session 2: Level 3

Open Stretch: 5:55pm Event Warmup: 6:10pm Introduction: 6:20pm Awards: 8:00pm

SATURDAY, NOVEMBER 16

Session 3: Bronze

Open Stretch: 8:00am Event Warmup: 8:15am Introduction: 8:25am Awards: 9:30am

Session 4: Silver

DB, Gym Hutt, Impact, Maine Coast
Open Stretch: 10:15am
Event Warmup: 10:30am
Introduction: 10:40am
Awards: 12:20pm

Session 5: Silver

DB, DG, Olympia, SKG Elite, TS Open Stretch: 1:05pm Event Warmup: 1:20pm Introduction: 1:35pm Awards: 3:40pm

Session 6: Gold

DB, Gym Hutt, Olympia, SKG Elite, TS

Open Stretch: 4:25pm Event Warmup: 4:40pm Introduction: 4:50pm Awards: 6:35pm

Session 7: Gold DB, Dudziaks, Impact

Open Stretch: 7:20pm Event Warmup: 7:35pm Introduction: 7:45pm Awards: 9:25pm

SUNDAY, NOVEMBER 17

Session 8: L8-10 & XP-XD

Open Stretch: 8:00am Event Warmup: 8:15am Introduction: 8:30am Awards: 12:15pm

Session 9: Levels 4-5

Open Stretch: 1:00pm Event Warmup: 1:15pm Introduction: 1:25pm Awards: 3:45pm

Session 10: Levels 6-7

Open Stretch: 4:30pm Event Warmup: 4:45pm Introduction: 5:00pm Awards: 7:30pm

