



COMPETITION LOCATION:

Dudziak's Gymnastics
9 Pomerleau Street
Biddeford, ME 04005

ADMISSION:

Adult: \$15
Child (5-12)/Sr (65+): \$10
Kids 5 & Under: Free

FRIDAY, NOVEMBER 13

Session 1: Levels 6-7

Open Stretch: 3:30pm
Event Warmup: 3:45pm
Introduction: 3:55pm
Awards: 5:40pm

Session 2: All NGA

Open Stretch: 6:20pm
Event Warmup: 6:35pm
Introduction: 6:45pm
Awards: 8:30pm

SATURDAY, NOVEMBER 14

Session 3: Levels 4-5

Open Stretch: 8:00am
Event Warmup: 8:15am
Introduction: 8:25am
Awards: 10:25am

Session 4: L8-9, XP-XD

Open Stretch: 11:05am
Event Warmup: 11:20am
Introduction: 11:35am
Awards: 3:05pm

Session 5: Gold

Open Stretch: 3:45pm
Event Warmup: 4:00pm
Introduction: 4:10pm
Awards: 7:00pm

SUNDAY, NOVEMBER 15

Session 6: Bronze

Open Stretch: 8:00am
Event Warmup: 8:15am
Introduction: 8:25am
Awards: 10:10am

Session 7: Level 2

Open Stretch: 10:50am
Event Warmup: 11:05am
Introduction: 11:15am
Awards: 12:25pm

Session 8: Silver

Open Stretch: 1:05pm
Event Warmup: 1:20pm
Introduction: 1:30pm
Awards: 3:45pm

Session 9: Level 3

Open Stretch: 4:25pm
Event Warmup: 4:40pm
Introduction: 4:50pm
Awards: 6:50pm