

COMPETITION LOCATION:

Dudziak's Gymnastics 9 Pomerleau Street Biddeford, ME 04005

FRIDAY, NOVEMBER 14

Session 1: Levels 4-5

Open Stretch: 8:00am Event Warmup: 8:15am Introduction: 8:25am Awards: 11:25am

Session 2: Gold

Anchor,Decal,DG,Impact,MCG,Olympia,TSG
Open Stretch: 12:20pm
Event Warmup: 12:35pm
Introduction: 12:45pm
Awards: 2:55pm

Session 3: NGA 3N-5N

Open Stretch: 3:40pm Event Warmup: 3:55pm Introduction: 4:05pm Awards: 6:05pm

Session 4: NGA 6N-7N, GN

Open Stretch: 6:50pm Event Warmup: 7:05pm Introduction: 7:15pm Awards: 9:20pm

SATURDAY, NOVEMBER 15

Session 5: Levels 1-2

Open Stretch: 8:00am Event Warmup: 8:15am Introduction: 8:25am Awards: 9:35am

Session 6: Level 6 & Gold

XG: Anchor, East Bay, Olympia, XGTC Open Stretch: 10:20am Event Warmup: 10:35am Introduction: 10:45am Awards: 1:25pm

Session 7: Levels 7-10 & XD

Open Stretch: 1:55pm Event Warmup: 2:10pm Introduction: 2:25pm Awards: 5:20pm

Session 8: Platinum

Open Stretch: 5:50pm Event Warmup: 6:05pm Introduction: 6:20pm Awards: 9:45pm

SUNDAY, NOVEMBER 16

Session 9: Bronze

Open Stretch: 8:00am Event Warmup: 8:15am Introduction: 8:25am Awards: 9:35am

Session 10: Silver

Anchor, Decal, Olympia, East Bay
Open Stretch: 10:20am
Event Warmup: 10:35am
Introduction: 10:45am
Awards: 1:10pm

Session 11: Level 3

Anchor, Decal, DG, Flex, Iron Rail
Open Stretch: 1:55pm
Event Warmup: 2:10pm
Introduction: 2:20pm
Awards: 4:00pm

Session 12: Level 3 & Silver

XS: DG, Impact, XGTC, TSG L3: Decal, TSG, XGTC Open Stretch: 4:45pm Event Warmup: 5:00pm Introduction: 5:10pm Awards: 7:20pm

ADMISSION:

Adult: \$15

Child (5-12)/Sr (65+): \$10 Kids 5 & Under: Free